Great Smoky Mountain Emmaus and Chrysalis Communities July 2018 Newsletter

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Upcoming 2018 Walks/Flights

Fall – Men's Emmaus Walk #110 – September 20th-23rd, 2018 (Currently 2 pilgrims signed up)

Fall – Chrysalis Flight – Oct 13th-15th, 2018

Fall – Women's Walk #111 – November 1st – 4th, 2018 (Currently 5 pilgrims signed up)

GREAT SMOKY MOUNTAIN SUMMER EXTRAVAGAZA

Mark your calendars now. July 21st at 4pm Lenior City Park - 6707 City Park Dr, Lenoir City, TN 37772 - Shelter 2.

We will have a picnic with burgers, dogs, and drinks provided. Bring a side or dessert to share. We will have a bunch of games and contests with gift card prizes, time to hang out and even some music.

It is on the river right above Fort Loudon Dam and Next to the Calhoun's on the River, Lenoir City Bring anyone and everyone. If you have any questions or need directions email me at communications@gsmec.org

Reunion Groups

Look for Reunion Groups in the next newsletter. If you currently are the Leader of a Reunion Group, please email me your information at Fishygotum@yahoo.com: time, date and location to send in the next Newsletter.

The Emmaus group reunion is a small accountability group of two to six persons who have usually participated in the three-day Walk to Emmaus and who want to continue their pursuit of a life lived wholly in the grace of God. These small follow-up groups help pilgrims translate the message conveyed on the Walk to Emmaus weekend into a daily walk with Christ. With the regular support of a few faithful friends, the gift of God's love in Jesus Christ becomes a lifestyle of Christian discipleship through the threefold discipline of piety, study, and action.

Reunion groups are a way of preserving your walk with Christ. For an effective reunion group, keep the following points in mind:

- **Be Serious** You are dealing with things eternal. There is always time for levity but the focus should be on the condition of your walk with Christ.
- **Be Discreet** Openness and honesty must be respected. The discussions of the group stays in the group. Your reunion group must not be a source of gossip.
- **Be Sincere** You must be completely open and honest with your group. If that is not possible you may be in the wrong group.
- Be Regular This can be tough but regular attendance will develop into a habit that can become a major influence facing problems and staying on course. Again it requires perseverance to grow and find nourishment.

Chrysalis

I believe that God has impressed upon me to share my thoughts after our first Emmaus walk at FUMC Sevierville. In my brief history with Chrysalis and Emmaus I have been blessed to know many hard working committed people. Now I'm about to embarrass some of them. Thank you Mike and Suzy Ooten and Brooke Blair for all you do. When you stop and think, they are in the kitchen at every Emmaus and Chrysalis event! Becky and Herb Piercy are also people that I admire. They are loyal and faithful to the cause of Chrysalis and have been from the beginning. I thank my God upon every remembrance of you folks and so many others. Praise God!

Debbie Pope

Lunch Time Joke

Knock knock.
Who's there?
Goliath.
Goliath who?
Goliath down, you look tired.